



St Albert's Catholic Primary School

Weekly Newsletter Friday, 09 October 2026

www.stalbertsprimary.co.uk



Allergy Awareness

You may be aware that, under Benedict's Law that all schools are tightening up on their allergy awareness procedures. For St Albert's, this means that all staff have been trained in allergy awareness. We have a school Allergy Policy and we also have an emergency anaphylaxis kit in school.

With regards to the number of children in school who have been identified as having allergies, we will be meeting with parents to gather more information as we need to determine whether it is a preference, an intolerance or an allergy. In some instances, an Allergy Plan will need to be drawn up. For serious allergies, medical evidence will be needed, and parents will need to bring this to school.

As the awareness of allergies grows, and the number of children in school with allergies grows, it is important that the school raises its Nut Awareness approach. At St Albert's parents have always been proactive and supportive in this regard, but we will be more rigid with this approach moving forwards,

Nut Aware School

What is a Nut Aware School? The school discourages any nut products being brought into school for lunch or snack so that the risk of severe allergic reactions is reduced. The school also educates staff, parents and children on nut awareness and allergy hygiene.

- **Prohibited Items:** Schools typically ban items like whole nuts, peanut butter, Nutella, and cereal bars containing nuts or sesame. St Albert's do not allow these in school
- **Shared Responsibility:** Parents are asked to screen packed lunches and snacks, while kitchens ensure school-prepared meals contain no added nuts.
- **Hygiene and Care Plans:** Plans emphasise handwashing, minimizing food-sharing, and maintaining medical care plans for vulnerable students.

Please support us in this matter and ensure that nuts, or anything containing nuts, are not brought into school. As a school, we cannot check everyone's lunch bags and snacks - beside the obvious - so it is important the parents take on this responsibility.

Chester Zoo Wildlife Project

This week, the children enjoyed their fourth and final Chester Zoo wildlife workshop, bringing together their learning about UK wildlife and how we can help protect it. They have explored the difference between native and non-native species, learnt about extinction, and investigated habitats and microhabitats, including holes in trees, rotting logs and spaces beneath rocks. They

have also considered the habitats within our school grounds and how small changes can help create safe homes for wildlife. We are looking forward to building on this learning during our

Chester Zoo trip on Thursday 15th October!

Permission slips and payment should have been returned by today, Friday 9th October. Please ensure that any outstanding slips and monies are sent into school by Monday 12th October. On the day of the trip, all children must be in school by 9:00 a.m., as the coaches will leave promptly at 9:15 a.m. We will be unable to wait for children who arrive late.

Reception Class Maths Family Learning Session

Reception parents and carers are invited to join us for a fun Maths Family Learning session on **Tuesday 13th October 9-10:00am**. Come along and enjoy some creative activities linked to Maths, while discovering simple and enjoyable ways to support your child's learning.

Year 4 Geography Trip

Year 4 will be taking part in a Geography field trip on **Friday 16th October**. Please remember to sign and return your child's consent form as soon as possible.

PGL

We are delighted to offer our Year 5 children the exciting opportunity to attend a three-day residential trip to PGL Boreatton Park from **Monday 26th to Wednesday 28th April 2027**.

The cost of the trip is £140 per child. To secure your child's place, a £30 deposit must be paid by **Thursday 22nd October**.

Mrs Goodman will be holding a parent information meeting on **Tuesday 13th October at 2:45pm**, where she will share further details about the trip and answer any questions you may have.

A letter has been sent home today, please complete and return the permission slip, along with the £30 deposit to secure your child's place.

At St. Albert's, our mission is walking together with Jesus to

LOVE, LEARN AND SERVE

Our vision centres around the 'CHILD'

C for the Child, H for High Expectations, I for Inspirational & Memorable, L for Listening and D for Dreams and Doors.



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School Leaders

We are delighted to introduce our **School Councillors, Prefects, Head Boy and Head Girl** for this school year! A huge congratulations to all the children who have been chosen to take on these important roles. We know they will be fantastic role models, represent our school with pride and help make sure that the voices and ideas of our pupils are heard.

Head Boy: Junior, Year 6

Head Girl: Faria, Year 6

Y6 Prefects: Jayden, Immy, Amna & Aya

School Councillors:

Year 2: Nellie & Tommy

Year 3: Sonny & Ember

Year 4: Eryn & Anthony-Joshua

Year 5: Eva & James

We are very proud of you all and look forward to seeing you shine in your new roles!

Flu Vaccination

It's that time of year again - flu season, and all children will be offered a free flu vaccination at school. The NHS School Immunisation Team will be visiting school on **Monday 2nd November** to administer the vaccinations.

The vaccine is usually given as a quick and painless nasal spray, helping to protect children from flu and reduce the spread of infection. Flu can be a serious illness for children and can sometimes lead to ear infections, bronchitis and pneumonia. The nasal spray vaccine has been given to millions of children and has an excellent safety record.

Please look out for information from the NHS School Immunisation Team, which will be sent via text message. **All parents and carers must reply to the text to either give or decline consent for their child to receive the flu vaccination.**

If you require any further support, please contact the School Immunisation Team on 0151 351 8805, who will be happy to help.

Healthy Futures Sessions - Change of Day

For next week only, **Year 3 and Year 4** will be swapping their Healthy Futures session days.

- Year 4** will attend their Healthy Futures session on **Tuesday**, as they will be taking part in their Geography field trip on Friday.
- Year 3** will attend their Healthy Futures session on **Friday**.

Please ensure that children come to school wearing their PE kit and bring a water bottle with them for their session.

PE Days

Mon	Y1 & Y6 Y2 & Y5	Sports with Mr Unwin
Tue	Y4 & Y5	Healthy Futures
Thurs	Chester Zoo Trip	
Fri	Y3 & Y4 Y3	Sports with Mr Unwin Healthy Futures

Please note that, due to our whole-school trip to Chester Zoo on Thursday 15th October, the PE sessions for **Year 2 and Year 5** will be moved to **Monday 12th October** for next week only.

Please ensure your child comes to school wearing their full PE kit on Monday 12th October.

After School Club

Mon	Year 5	Sport with Mr Unwin
Tues	Year 3 & 4 3.15 - 4pm	Sport with Mrs Michaels and Mrs Cruise
Thurs	No After School Club on 15th October 2026	

No After School Club - Thursday 15th October

Just a reminder that there will be no After School Club on **Thursday 15th October**. Please make alternative arrangements for your child to be collected at the end of the school day.

Week's Attendance

Rec	90.4%
Y1	95.0%
Y2	97.9%
Y3	98.1%
Y4	91.3%
Y5	93.8%
Y6	97.3%

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Year 4 First Holy Communion & Reconciliation

The Mass of Enrolment took place **last Sunday**, and all children taking part in the Sacramental Programme were expected to attend with their parents/ guardians. If, for any reason, you or your child was unable to attend, please ensure that you **contact Fr David as soon as possible**.

Preparation meetings for children and their parents/guardians will take place on the following dates:

Sunday 1st November
Sunday 6th December
Sunday 10th January
Sunday 7th February
Sunday 7th March
Sunday 18th April

All meetings will take place after Mass.
 Attendance at ALL preparation meetings is compulsory.

Y6 Secondary School

A reminder to all Year 6 parents and carers that applications for secondary school places are now open through your local authority.

We encourage families to apply as early as possible and to ensure all preferences are submitted before the **closing date of 31 October**. Applications received after this date may be considered late and could affect the offer of a preferred school place.

For more information and to apply, please visit your local authority's school admissions website.

Liverpool ([purple bin])

www.liverpool.gov.uk/schools-and-learning/school-admissions/

Knowsley (blue bin)

www.knowsley.gov.uk/education-and-schools/school-admissions

Dates for the Holy Communion celebrations are:

St Albert's: Saturday 8th May 2027

St Brigid's: Saturday 15th May 2027

If your child has not yet been baptised, Fr David will be popping into school on **Wednesday 14th**

October, 2.30-3.15pm to make the necessary arrangements. **We have set aside Thursday 4th**

February at 1.45pm for the baptisms. A letter went home this week.

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Salmon served on side with Tomato & Basil Pasta Sauce served with Garlic bread	Katsu Curry & Wholegrain rice served with Naan bread	Sausage, scrambled egg, hash brown, mushrooms, beans served with toast/barm	Farm Assured roast chicken, roast potatoes, gravy and seasonal vegetables.	Harry Ramsdens Fish Fillet, chips beans or peas
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens
Sandwiches Deli Bar	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection
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Jackets	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection
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Desserts	Pancake & Ice Cream				Lolly Ice
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens

Nut Aware School

Keeping our children safe



What is a Nut Aware School?

Our school is a Nut Aware School. This means we discourage any nut products being brought into school for lunch or snack so that the risk of severe allergic reactions is reduced.

We also educate staff, parents and children on nut awareness and allergy hygiene.



Please do not send any nut products, including:



Peanut butter
and spreads



Nuts
(e.g. almonds,
hazelnuts, cashews,
walnuts, etc.)



Nut mixes
and trail mix



Cereal and
energy bars
(with nuts)



Products that
may contain nuts
(e.g. chocolate
spreads, some biscuits,
cakes and muesli)

This helps to:

- ✓ Keep all our children safe, particularly those with severe nut allergies.
- ✓ Reduce the risk of an allergic reaction in school.
- ✓ Support a safe and inclusive environment for everyone.

You can still send:

- ✓ Fruit and vegetables
- ✓ Sandwiches and wraps
- ✓ Dairy products
- ✓ Other healthy snacks

Thank you
for your
support!



Together we can keep our school a safe place for all.

**NHS****Mersey Care**
NHS Foundation Trust

Mental Health Support Team Knowsley

World Mental Health Day



To celebrate World Mental Health Day, we will be delivering a workshop for children aged 7 to 11 years who attend a Knowsley school during half term

10am
to
11.30am

Monday, 26 October
(The Star Centre, St.
Andrew's View, Tower
Hill Kirkby, L33 1ZF)

Tuesday, 27 October
(George Howard
Centre, Lickers
Lane, Whiston,
Prescot L35 3SR)

Thursday, 29 October
(New Hutte Children
and Families Hub,
Lichfield Road,
Halewood, L26 1TT)

The sessions will feature a range of autumn themed activities linked to the Five Ways to Wellbeing: Connect, Be Active, Take Notice, Keep Learning, and Give. The workshop aims to promote positive mental health and wellbeing in a fun and engaging way.

On the day we will ask you for ideas to improve our services. Those who help us will be entered into a draw to win a prize
(Prize will be provided to school to collect)

**For more information,
contact us on 01925 664 120**

Parents must register their child's attendance by scanning the QR code - places are limited and will be allocated on a first come first served basis. Register by Monday 19 October 2026. Parents and carers must be able to drop young people off and collect at the end of the session.



The Parishes of Saint Albert the Great
Saint Columba & St. John Fisher

31 Hollow Croft
Stockbridge Village, Liverpool L28 4EA

☎ 0151 228 7308

✉ d.gamble@rcaol.org.uk



7th October 2026

Dear parents and guardians

As you know, we began the preparation programme for your children's First Reconciliation and First Holy Communion last weekend. Thank you for the wonderful turnout at both the Mass and the meeting. As I explained, all children must be baptised before they can receive the other Sacraments. If your child (or any of their siblings) has not yet been baptised, I will be available in both schools to help make the necessary arrangements:

St Albert's Primary School Wednesday 14th October, 2.30pm to 3.15pm

St Brigid's Primary School Thursday 15th October, 2.30pm to 3.15pm

In consultation with the Head Teachers, we have set aside **Thursday 4th February at 1.45pm** for the celebration of baptisms for those children preparing for the Sacraments. However, if you would prefer your child to be baptised on a different date, please let me know when we meet, and we can arrange this. Please note that Godparents are required. Those chosen should be at least 16 years of age and practising Catholics who regularly attend Mass.

If your child has already been baptised, we will need proof of Baptism. If your child was baptised at St Albert's, we can check our parish register. If the Baptism took place in another parish, you will need to provide a copy of the Baptismal Certificate or obtain a new certificate from the parish where the Baptism was celebrated. Unfortunately, we do not have access to the registers of other parishes.

If you have any questions, please do not hesitate to contact me. I look forward to seeing you at Sunday Mass and at our next meeting on Sunday 1st November.

With every good wish and prayer,

Yours sincerely

Father David



**St. Mary's College
Crosby**

Entrance Examination: Friday 13th November 2026

Register now for September 2027 admissions

www.stmarys.ac/admissions

The independent Catholic school for boys and girls of all faiths aged 0-18