



St Albert's Catholic Primary School

Weekly Newsletter Friday, 25 September 2026

www.stalbertsprimary.co.uk



Year 4 First Holy Communion & Reconciliation

Please note that **Sunday 27th September**, is the last day and final opportunity to collect an application form for entry into the Preparation Programme. Forms will be available **after 9.45am Mass only** and **will not be available at any other time**. Please ensure you collect a form this Sunday if you wish to apply. The closing date for completed applications is **Friday 2nd October**. Please make sure your application is submitted by this date.

Dates for the Holy Communion celebrations are:

St Albert's: Saturday 8th May 2027
St Brigid's: Saturday 15th May 2027

The Mass of Induction to the First Holy Communion programme, will be on **Sunday 4th October**, followed after mass by the first of our monthly meetings for parents and children, which everyone is expected to attend.

If your child has not yet been baptised, please still complete an application as normal and speak to Fr David, who will arrange their Baptism.

Coffee Mornings

Y3 - Monday 28th September, 9am
Y4 - Wednesday 30th September, 9am

Geography Trip

We are excited to let parents know that the following Geography field trips will be taking place:

Monday 5th October - Year 5
Wednesday 7th October - Year 3
Friday 16th October - Year 4

Please ensure that consent forms are signed and returned to school as soon as possible.

Opal Stay & Play

After school on **Monday 28th September**, parents will be invited to attend a stay and play on the school grounds and OPAL areas. This will take place from **3.30-4.15pm** with a short introduction to start. All children must be accompanied by an adult who can engage in play.



Reception Class Family Learning Session

Reception parents and carers are invited to join us for a fun Family Learning session on **Tuesday 29th September, 9:00-10:00am**. Come along and enjoy some creative arts and crafts activities linked to Phonics, while discovering simple and enjoyable ways to support your child's learning.

Exciting OutSeed Pod Update!

Our OutSeed Learning Pod is almost ready for its official launch! This week has seen another exciting transformation, with the living walls now installed and the space really coming to life. On **Wednesday**, we will hold our official launch assembly, introducing the children to the completed Pod and celebrating St Albert's becoming home to the UK's first OutSeed Learning Pod. A press release about the project will also be going out, sharing the story of this fantastic collaboration more widely.

We will also welcome a social media content creator into school on Wednesday to capture the launch and some of the children's first experiences of the Pod. Only children who have the appropriate consent in place will be photographed or filmed. We're really excited to see the Pod become part of everyday school life and to watch our children explore, investigate and learn from the environment around them.

Big Art Visit

Our Reception children are looking forward to visiting the Walker Art Gallery on **Wednesday 30th September**, where they will take part in an exciting Big Art Session. A letter was sent home this week, please complete and return it to school as soon as possible.

Forest School

For the next 3 weeks, Year 6 pupils will be taking part in Forest School sessions. The sessions will run on Friday afternoons starting on **Friday 25th September**. Please ensure your child comes into school appropriately dressed for the weather on the day:

- Warm layered clothing
- Long pants and long sleeves
- Sturdy footwear
- Waterproofs if necessary

Reception and Year 1 Forest School sessions will continue on a **Tuesday** afternoon.

At St. Albert's, our mission is walking together with Jesus to

LOVE, LEARN AND SERVE

Our vision centres around the 'CHILD'

C for the Child, H for High Expectations, I for Inspirational & Memorable, L for Listening and D for Dreams and Doors.

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Chester Zoo Wildlife Project

We've now completed Week 2 of our exciting whole-school project with Chester Zoo, and the children have been getting outside and becoming wildlife detectives!

This week, pupils explored how we can tell which animals have visited an area, looking for signs and evidence of living things around our school grounds. They then used the Seek app to identify some of the plants, insects and other wildlife they discovered, collecting badges as they went.

The children also explored food chains, thinking about how the different living things within our school environment are connected and why protecting even the smallest species matters.

It has been brilliant to see the children so engaged in investigating the wildlife right on our doorstep. Over the coming weeks, we'll continue working with the Chester Zoo team to learn more about UK wildlife, habitats and what we can all do to help protect them.

Families can also download the Seek app at home if children would like to continue their wildlife spotting and see what they can discover in their gardens and local area!

Reception Class Admissions

If your child's date of birth falls on or between 1st September 2022 and 31 August 2023, now is the time to apply for a reception class place in school for **September 2027**. You can apply online by completing the application form from the Local Authority in which you live. Please see above for links.

Closing date is **15th January 2027**.

Snack Money Reminder

A reminder of our weekly snack contribution:

Nursery: £1 per week for 15-hour children,

£2 per week for 30-hour children

Reception: £2 per week.

Week's Attendance

Rec	98.0%
Y1	95.9%
Y2	96.2%
Y3	92.7%
Y4	95.9%
Y5	91.7%
Y6	94.8%

Y6 Secondary School

A reminder to all Year 6 parents and carers that applications for secondary school places are now open through your local authority.

We encourage families to apply as early as possible and to ensure all preferences are submitted before the **closing date of 31 October**. Applications received after this date may be considered late and could affect the offer of a preferred school place.

For more information and to apply, please visit your local authority's school admissions website.

Liverpool (purple bin)

www.liverpool.gov.uk/schools-and-learning/school-admissions/

Knowsley (blue bin)

www.knowsley.gov.uk/education-and-schools/school-admissions

Closing date: 31 October.

Good luck with your applications!

Opening Days

The Prescott School

Monday 28 September, 10 - 11am

Tuesday 29 September, 9 - 10am

Broughton Hall

Tuesday 29th September, 3.30-6.30pm

St Edmund Arroesmith

Thursday 8th October, 4-7pm

Healthy Futures

Over the next few weeks, pupils in **Years 3, 4, 5 and 6** will continue to take part in our **Healthy Futures programme**, which focuses on developing healthy habits and encouraging children to make positive choices.

As the sessions are interactive and include some physical activity, children will need to wear their PE kits and bring a water bottle on the day of their session.

This week, the children have been learning about sugar and the importance of making healthy choices. We have shared a fact sheet alongside this newsletter so that parents and carers can continue the conversation at home. We have also included a useful leaflet with information about additional support available to families. We hope you find these resources helpful.

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PE Days

Mon	Y1 & Y6	Sports with Mr Unwin
Tue	Y3 & Y5	Healthy Futures
Thurs	Y2 & Y5	Sports with Mr Unwin
	Y6	Swimming
Fri	Y3 & Y4	Sports with Mr Unwin
	Y4 & Y6	Healthy Futures

After School Club

Mon	Year 5	Sport with Mr Unwin
Tues	Year 3 & 4 3.15-4pm	Sport with Mrs Michaels and Mrs Cruise
Thurs	Year 6	Sports with Mr Unwin

FREE School Meal for Everyone

To celebrate Census Day on **Thursday 1st October**, we are delighted to offer **all children a free school meal for one day only!** Our special menu will include chicken nuggets, french fries and beans. Please note that this will be the only meal option available on the day. If your child does not wish to have this, please provide them with a packed lunch.

FREE
school meal

Autumn Census Day
Thursday 1st October

FOR ONE DAY ONLY

Chicken Nuggets
served with french fries
and beans

Knowsley Council

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Chicken Chow Mein served with Noodles	Cheese & Tomato Pizza served with herby diced potatoes and salad	Chicken Tikka Curry & rice served with Naan bread	FREE MEAL FOR ALL	Fish Finger, chips, Spaghetti Hoops
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	ONLY OPTION FOR TODAY	please see School Website for Knowsley Council Menu with allergens
Sandwiches Deli bar	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection	CHICKEN NUGGETS, FRENCH FRIES & BEANS	Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens		please see School Website for Knowsley Council Menu with allergens
Jackets	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection	Oven baked jacket potato with Tuna, Cheese or beans served with salad selection		Oven baked jacket potato with Tuna, Cheese or beans served with salad selection
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens		please see School Website for Knowsley Council Menu with allergens
Dessert	Flapjack				Angel Delight served with fruit
Allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens	please see School Website for Knowsley Council Menu with allergens



FREE

school meal

Autumn Census Day

Thursday
1st October



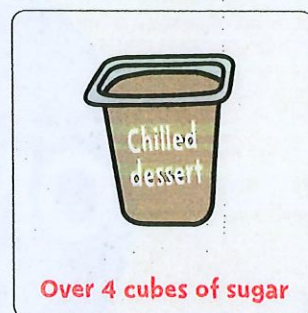
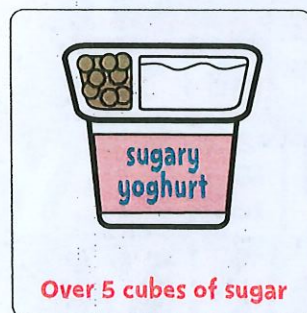
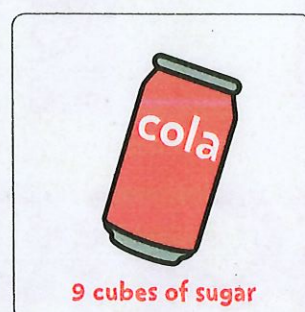
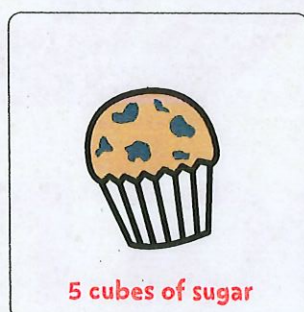
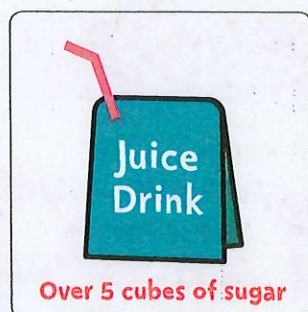
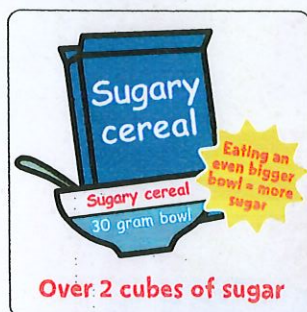
**FOR
ONE DAY
ONLY**

Chicken Nuggets
served with french fries
and beans

Spying on Sugar

In school we have been spying on sugar exploring the sugar content of different food and drink products and learning why it is important not to eat too much sugar. Which Sugar Smart Promise will you make to ensure that you are cutting down on sugar?

Age	Daily sugar limit	Sugar cubes
4-6yrs	No more than 19g per day	5 cubes
7-10yrs	No more than 24g per day	6 cubes
From 11yrs	No more than 30g per day	7 cubes



FREE, PRACTICAL & FRIENDLY HEALTHY LIFESTYLE SUPPORT

FOR 5 TO 17 YEAR OLDS

We help young people and their families to make small, realistic changes that can make a big difference to health and wellbeing.



If you live in Knowsley or have a Knowsley GP and may benefit from one of our programmes to help with healthy growth and weight, we offer:

HAPPY HEALTHY ME

For children aged 5–12 years.
An 8–12-week family programme covering food, activity, sleep and screen time.

FAMILY FOODIES

A cooking programme for families who want to feel more confident in the kitchen
8 weeks of practical sessions developing cooking skills and making everyday meals.

VITAL VIBES

For teens aged 13–17 years.
An 8–12-week teen support programme covering food, activity, mental health and sleep.

HEALTHY LIFESTYLE SCHOOL SESSIONS

Available for both primary and secondary schools.
4 - 6 weeks of sessions helping children and young people to build healthy habits for life.



SOUNDS GREAT, SIGN ME UP...

You can ask your health professional, school nurse or GP to make a referral to Healthy Futures Knowsley. You can also self-refer through our website.

Call: 0151 426 7462

Email: chcp.healthyfuturesknowsley@nhs.net

Website: www.healthfuturesknowsley.org.uk





THE PRESBOT SCHOOL

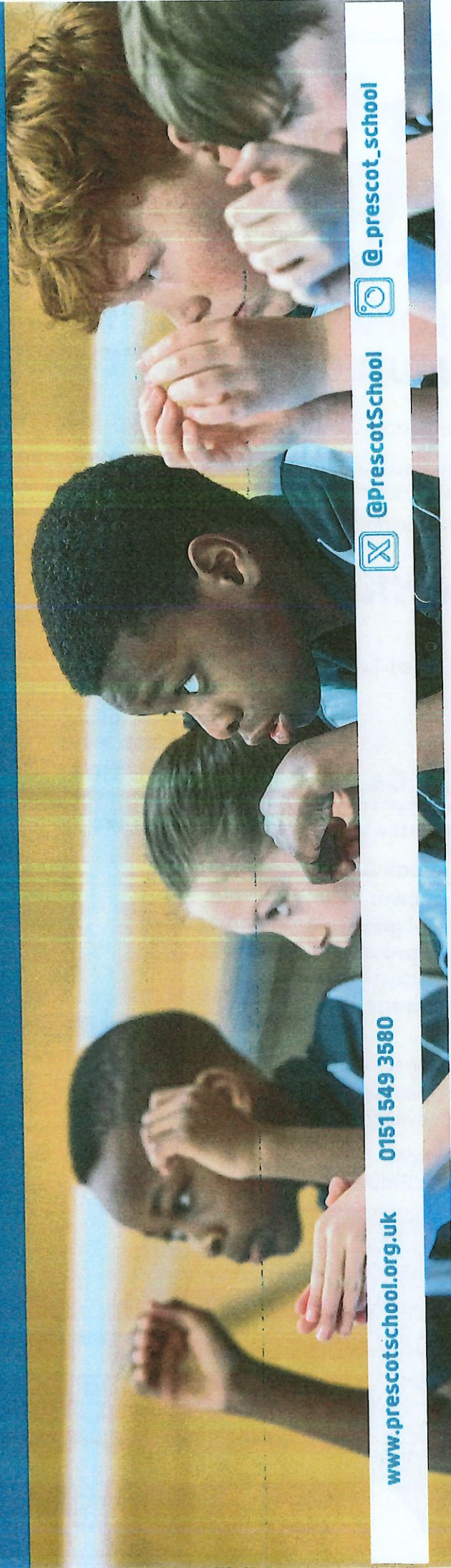
The Prescott School Open Evening and Mornings

Wednesday 23rd September 6pm-8pm

Monday 28th September 10 - 11am

Tuesday 29th September 9 - 10am

To book in for Open morning please email reception via our contact page on the website.



www.prescotschool.org.uk

0151 549 3580



@prescotSchool



@_prescot_school



Formerly Helen O'Grady
Drama Academy.
New name, new logo,
same GREAT programme.

**Trial
Classes
available**



DEVELOPING CONFIDENCE, COMMUNICATION AND CREATIVITY

Dear Parents and Carers,

If you want your child to join the most popular drama academy in the world, to perform, learn to speak well, learn skills to help them on leaving school, and have great fun, then act now!

WEEKLY CLASSES HELD IN **CHILDWALL PRESCOT WEST DERBY WOOLTON BOWRING PARK**

Optional LAMDA EXAMINATION classes in Acting and Speech & Drama.

EXTRA ACTIVITIES WE INCLUDE

- ★ Halloween parties
- ★ Christmas showcase
- ★ Holiday clubs
- ★ Summer productions awarded with certificates, medals and trophies

★ City Centre Drama & Musical Theatre Classes Coming Soon ★

We guarantee your child will develop excellent social skills they will need in everyday life:

- ✱ speak & move confidently
- ✱ answer in full sentences
- ✱ feel good in themselves
- ✱ improve confidence & enthusiasm
- ✱ increase self esteem

- ✱ act in plays
- ✱ work in group situations
- ✱ meet new friends
- ✱ discuss social issues
- ✱ improve listening skills
- ✱ encourage English language

ABOUT US:

- * Established worldwide for 45 years
- * Curriculum specially written by experts in child development

- * All teachers DBS cleared and trained
- * Operating in 30 countries
- * Over 30 years in the UK with 50 branches

Kind regards,
Emma Mc Elduff - Principal

What our Parents say

"My daughter has come on in leaps and bounds this year at school with her communication skills and it has been noted by her teachers. I do feel a lot of it is down to the Drama Kids and can't thank you enough in helping her to become a more confident and sociable child."

Find Out More!



CONTACT US

www.dramakids.co.uk

07845 568 083

liverpool@dramakids.co.uk

