

### **St Albert's Catholic Primary School**

Weekly Newsletter Thursday, 23 October 2025 www.stalbertsprimary.co.uk



### London

Year 6 children have the opportunity to visit London on Monday 2<sup>nd</sup> February to Wednesday 4<sup>th</sup> February 2026.

The cost of this trip is £250 per child.

Payment is required as per below:

£50 Deposit by TODAY

£100 by Friday 19<sup>th</sup> December

Final payment of £100 by Friday 23<sup>rd</sup>

January 2026. If any families who would prefer to pay on a weekly basis, please pop into the school office to discuss a payment plan. Unfortunately, we will only book for the number of children signed up as school cannot meet the cost of cancelled places.

### PGL

Year 5 children have the opportunity to go on a 3 day residential trip to PGL, Boreatton Park on Monday 27th April 2026. The cost of the trip is £130 per child. Payment is required as per below:

£30 Deposit by TODAY

£50 by Friday 19th December

Final payment of £50 by Friday 27th March 2026.

### Flu Vaccination

It's that time of year again, Flu season!

Please visit the link below

<a href="https://econsent.merseycare.nhs.uk/">https://econsent.merseycare.nhs.uk/</a>
and complete your child's flu form with a consent or decline as soon as possible. You can select the nasal spray for the best protection or the alternative injectable flu, if required via this link. If you require any further support, please contact the school immunisation team on 0151 351 8805 who will be happy to help. <a href="Yaccinations will be given out on Friday 7th November">Yaccinations will be given out on Friday 7th November</a>.

### Y4 Geography Tríp

Today, Year 4 went on an exciting educational visit following the River Alt, as part of their 'Rivers and Coasts' Geography topic. They visited numerous locations along the River.

<u>Nursery Pumpkin Picking</u>

Our Nursery children had a fantastic time Pumpkin picking at Church View Farm on Monday. They had lots of fun picking pumpkins and getting messy in the mud!

Reception Vision & Hearing Screening
Reception class vision and hearing
screening will take place on Wednesday 5<sup>TH</sup>
November. A letter went home last week
containing lots of information, please take
the time to read through it. You need to sign
up to the Parent Portal so that you can
access your childs results.

### Crazy Hair Day

Our Student Council organised a Crazy Hair Day on Wednesday to help raise money for our Opal project. There was lots of wonderful and creative hair styles and we raised £41. As this is to raise funds for OPAL we do need donations from every family.

### Year 5 Assesmbly

Well done to our Year 5 children who celebrated all their wonderful work and learning from their Come and See Topic, 'Life Choices' in this mornings Rejoice Assembly. They taught us about the sacrament of marriage and the importance of commitment and service. They even explored the schools mission statement and thought about all the ways they walk with Jesus to Love, Learn and Serve every day. Thank you to all parents and carers who came to watch.

### Half Term

We break up for Half Term today and return on Monday 3rd November 8.55am.

### Week's Attendance

| Rec | 82.5% |
|-----|-------|
| Y1  | 78.5% |
| Y2  | 91.0% |
| Y3  | 89.6% |
| Y4  | 92.2% |
| Y5  | 91.5% |
| Y6  | 87.5% |



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Secondary School Admissions

Parents of Year 6 children can now apply for Secondary school places. You can apply online between 12th September and 31th October by completing the application form of the Local Authority in which you live.

Liverpool ([purple bin)

www.liverpool.gov.uk/schools-andlearning/school-admissions/

Knowsley (blue bin)

www.knowsley.gov.uk/education-andschools/school-admissions

Reception Class Admissions

If your child's date of birth falls on or between 1th September 2021 and 31 August 2022, now is the time to apply for a reception class place in school for September 2026. You can apply online by completing the application form from the Local Authority in which you live. Please see above for links.

Closing date is 15th January 2026

Reception Class Halloween Party

Our Reception class had lots of fun at their Halloween party today. They enjoyed lots of yummy party food and played party games. They all looked wonderful in their costumes.

<u>Year 3 & Year 4 Art Visit</u>

After half term, all classes will be visiting the Walker Art Gallery in Liverpool, as part of our Art curriculum. Year 3 & 4 will visit first on Thursday 6th November. A letter has gone home, please complete and return the permission slip.

Nursery Places

We have places available in our 3-year-old Nursery, so please spread the word. The benefits of a school Nursey cannot be underestimated especially when we consider readiness for school, meeting any needs and ease for parents. Our Nursery is a wonderful and a happy setting with very skilled practitioners.

<u>Parent Support Group</u>

Join us in the Church Community Room on Monday 10th November for a parent session led by Mrs Riddick and Miss Lee, starting at 9:30am (doors open from 9am). This warm and welcoming session will focus on emotional regulation and how to support your child both at home and in school. We'll explore how the brain works, how children regulate their emotions, and make specific links to autism and ADHD, your child does not need to have a diagnosis to attend. You'll learn about the strategies we use in school, ways to support your child at home, and where to access further help. It's also a fantastic opportunity to meet other parents, share experiences, and chat with the school's inclusion team about any questions or concerns you may have. Tea, coffee, and friendly conversation provided - we look forward to seeing you there

Y6 Choir

Our Year 6 have been chosen to sing hymns at an upcoming Prayer and Liturgy event, which will be held at the St Margaret Clitherow Centre on Thursday 6th November. This is an exciting opportunity for the children to showcase the music they have learned in front of Headteacher delegates from the Archdiocese. A letter has been sent home, please complete and return the permission slip.

# Healthy Schools Primary Autunm & Winter 2025 - 2026

| Week 1                 | Monday   | Tuesday  | Wednesday  | Thursday   | Friday   |
|------------------------|--|--|--|--|--|
| Main 1                 | Tomato Pasta Bake with<br>Cheese<br>served with Garlic bread                               | Crispy Southern fried chicken goujons wrap served with chips                               | Sausage, scrambled egg,<br>hash brown, mushrooms,<br>beans served with<br>toast/barm       | Farm Assured roast chicken, roast potatoes, yorkshire pudding, gravy and seasonal vegetables.  | Harry Ramsdens Fish<br>Fillet, homestyle cooked<br>chips beans or Spaghetti<br>hoops       |
| Allergens              | Contains: Cereals containing<br>Gluten, Egg.<br>May contain: Milk, Soya                    | Contains: Celery, Milk,<br>Mustard, Cereals containing<br>Gluten.                          | Contains: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide & Sulphites, Soya         | Contains: Cereals containing<br>Gluten, Eggs, Milk   | Contains: Fish, Cereals<br>containing Gluten,  |
| Sandwiches<br>Deli Bar | Choice of Ham, Cheese,<br>Tuna or Egg filled<br>sandwich/Barm/Wrap with<br>salad selection | Choice of Ham, Cheese,<br>Tuna or Egg filled<br>sandwich/Barm/Wrap<br>with salad selection | Choice of Ham, Cheese,<br>Tuna or Egg filled<br>sandwich/Barm/Wrap with<br>salad selection | Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with salad selection  Choice of Ham, Cheese, Tuna or Egg filled sandwich/Barm/Wrap with | Choice of Ham, Cheese,<br>Tuna or Egg filled<br>sandwich/Barm/Wrap with<br>salad selection |
| Allergens              | Contains: Milk, Fish, Egg,<br>Cereals containig Gluten,<br>Soya, Mustard   | Contains: Milk, Fish, Egg.<br>Cereals containig Gluten,<br>Soya, Mustard                   |
| Jackets                | Oven baked jacket potato with Tuna, Cheese or beans served with salad selection            | Oven baked jacket potato<br>with Tuna, Cheese or<br>beans served with salad<br>selection   | Oven baked jacket potato<br>with Tuna, Cheese or<br>beans served with salad<br>selection   | Oven baked jacket potato with Tuna, Cheese or beans served with salad selection  | Oven baked jacket potato with Tuna, Cheese or beans served with salad selection            |
| Allergens              | Contains: Fish, Mustard, Milk,<br>Eggs   | Contains: Fish, Mustard,<br>Milk, Eggs   | Contains: Fish, Mustard, Milk,<br>Eggs   | Contains: Fish, Mustard, Wilk, Contains: Fish, Mustard, Milk<br>Eggs   | Contains: Fish, Mustard, Miłk,<br>Eggs   |
| Desserts               | Ice Cream  |  |  |  | Cookie with Vanilla Ice<br>cream flavoured milk<br>shake                                   |
| Allergens              | May Contain: Cereals<br>containing Gluten  |  |  |  | Contains: Cereals containing<br>Gluten, Eggs, Milk,<br>May Contain: Soya                   |

Drinks Available Daily: Water, Milk

# What Parents & Educators Need to Know about

# FORTNITE

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WHAT ARE THE RISKS? With over 650 million registered users, Fortnite remains one of the most played and discussed online games globally. Known for its vibrant graphics, fast-paced gameplay, and cultural crossovers with everything from music artists to superhero franchises, the game continues to capture the attention of young people. This guide outlines the risks trusted adults need to know about, including game updates, and offers practical safety tips to help address them.

### **ALWAYS ONLINE**

There's no single-player, offline mode in Fortnite; it can only be played online. Internet access can sometimes be an issue when you're out and about, both in terms of connectivity and using up data. You may find that dedicated, young Fortnite players are often less enthusiastic about family time or trips away – such as days out and holidays – than you might expect.

### **IN-GAME COSTS**

Fortnite is free to download and play, but it does ofter various additional purchases — limited-time cosmetic 'skins', music tracks, LEGO items, and battle passes. Children can feel pressured to spend money on V-Bucks — the in-game currency — to avoid missing out, particularly as exclusive items rotate frequently. Some items may not return to the store for years, while Battle Pass rewards are often "gone when they're gone".

### VIRTUAL VIOLENCE

There's no avoiding that Fortnite is about shooting other players to eliminate them from the contest. That said, there's no blood or gare. The violence is rendered in a cartoonish style, and there are frequent comical touches to lighten the mood, such as mini-games and emotes. Guns and other weapons often look and behave realistically, so discretion is advised. Past seasons have introduced characters and references from

# CROSSPLAY AND PARTY CHAT

Fortnite is popular with many gamers of various ages. Crossplay allows friends to play with each other, regardless of whether they re on an Xbox, PlayStation, Nintendo Switch or PC, while the Party Chat-leature allows them to talk to each other during the game. This can put youngsters at risk of exposure to strangers, inappropriate language, and cyberbullying.

### FREQUENT UPDATES

Seasonal releases introduce new map changes, gameplay mechanics, and cosmetics. Ongoing updates can increase screen time and potential for obsession as children try to unlock rewards before the season ends. These regular renewals help to hold players' interest, but also give young gamers plenty of reasons to keep coming back. Seasons often change thematically.

### POP CULTURE REFERENCES

Part of Fortnite's appeal is its angoing crossovers with other popular franchises, ranging from films and TV shows like Power Rangers and Avatar. The Last Airbender, to comic book characters including Botman. Other collaborations with series, artists, and influencers may expose children to music, language, or ideas that are more suitable for older audiences.

# Advice for Parents & Educators

### DISCUSS SAFE SOCIAL INTERACTION

Talk with children about who they're playing with online. Coordinate play time with the child's friends for socialisation and safety in numbers. Encourage them to avoid private voice chats with strangers and remind them not to share personal information. Use real-life examples to explain potential risks, and remind them to the personal information.

### SET SPENDING LIMITS

Fortnite's rotating store is a not-so-subtle mechanism for coaxing players into buying sought-after items before they disappear for weeks or months. This could lead to surprise transactions on bonk cards if children are tempted into an impulse purchase. Parents could consider getting a prepaid card for the child or ensuring that purchases require adult authorisation. This can be done through parental settings on a console or account settings in the Epic Games app on PC.

### **ENJOY FORTNITE TOGETHER**

Fortnite also offers split-screen gameplay, meaning that two people can play simultaneously on the same console or computer. This can be a good aption for siblings or for when a child's friends visit, but it also offers an opportunity for parents to do something fun with their child, while making sure they're playing the game safely. Who knows? You might even teach them a thing or two!

### BE WARY OF SCAMS

The immense popularity of Fortnite with younger audiences — that are generally more trusting — means there's no shortage of scammers looking to fraudulently obtain passwords and other personal data through techniques like phishing. As the developers point out on many of Fortnite's loading screens, they never ask for a player's account password outside of the game. Make sure any young player knows this.

### Meet Our Expert

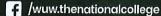
Lloyd Coombes is an experienced freelance writer and has been working in the gaming and tech industry for seven years. A regular visitor to the App Store to try out new tools, he's also a parent and therefore understands the importance of online safety. He's also a tech and fitness writer and has been published at sites including IGN, TechRadar, and plenty more.

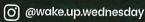


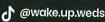


The National College

**X** @wake\_up\_weds









# Flu: five reasons to vaccinate your child

### 1. Protect your child

The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia

### 2. Protect you, your family and friends

Vaccinating your child will help protect more vulnerable friends and family

### 3. No injection needed

The nasal spray is painless and easy to have

### 4. It's better than having flu

The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

### 5. Avoid costs

If your child gets flu, you may have to take time off work or arrange alternative childcare.



For more information visit www.nhs.uk/child-flu

# Friday 7th November 2025

Knowsley, Halton and St Helens Schools

0151 351 8805 mcn-tr.schoolimmunisations@nhs.net





Keep your child fit and healthy this flu season with the flu vaccination- it's one of the best ways to keep them healthy, reduce missed school days, protect their classmates and the whole family.

Flu can spread quickly, but vaccination helps build a strong shield of protection around our children, their classmates, teachers, and loved ones.

The school Immunisation team will be visiting school on Friday 7th November 2025 and vaccines are available for all school-aged children and 2- 3-year-olds. The nasal spray is quick and painless, with an injectable option if preferred.

### How to give consent:

Complete the flu consent form online: <a href="https://econsent.merseycare.nhs.uk/">https://econsent.merseycare.nhs.uk/</a>

Or scan the QR code below to give your consent easily:



If you need help completing the form or require interpreter support, please contact the school immunisation team — they're happy to help you.

📞 Call the School Immunisation team on 0151 351 8805.

Let's work together to keep our children healthy and safe!

