



St Albert's Catholic Primary School

Weekly Newsletter Friday, 17 October 2025

www.stalbertsprimary.co.uk



London

Year 6 children have the opportunity to visit London on Monday 2nd February to Wednesday 4th February 2026.

The cost of this trip is £250 per child.

Payment is required as per below:

£50 Deposit by Thursday 23rd October

£100 by Friday 19th December

Final payment of £100 by Friday 23rd

January 2026. If any families who would prefer to pay on a weekly basis, please pop into the school office to discuss a payment plan. Unfortunately, we will only book for the number of children signed up as school cannot meet the cost of cancelled places.

PGL

Year 5 children have the opportunity to go on a 3 day residential trip to PGL, Boreatton Park on Monday 27th April 2026.

The cost of the trip is £130 per child.

Payment is required as per below:

£30 Deposit by Thursday 23rd October

£50 by Friday 19th December

Final payment of £50 by Friday 27th March 2026.

Bible Tales

Year 4 had a wonderful visit from Bible Tales on Wednesday looking at the theme of Hope. Thank you to Parents and guardians who came to watch the children's performance at the end of the day. Y4 you were fantastic!

Flu Vaccination

It's that time of year again, Flu season!

Please visit the link below

<https://econsent.merseyscare.nhs.uk/>

and complete your child's flu form with a consent or decline as soon as possible. You

can select the nasal spray for the best protection or the alternative injectable flu, if required via this link. If you require any further support, please contact the school immunisation team on 0151 351 8805 who will be happy to help. Vaccinations will be given out on Friday 7th November.

Y5 Geography Trip

On Friday, Year 5 went on an exciting educational visit to Peel Ports. They looked at food trade as part of their 'Global Trade' Geography topic. They learned about how goods are imported and exported and explored the working dock.

Next Thursday 23rd October - Year 4 go on their Geography Field trip relating to Rivers.

Nursery Pumpkin Picking

Our Nursery children are going Pumpkin picking at Church View Farm on Monday 20th October. A letter went home this week. Children are to wear their school uniform, wellies and a wetsuit or waterproof jacket.

Reception Vision & Hearing Screening

Reception class vision and hearing screening will take place on Wednesday 5th November. A letter went home this week containing lots of information, please take the time to read through it. You need to sign up to the Parent Portal so that you can access your child's results.

Crazy Hair Day

The Student Council are organising a Mad Hair Day where children can style their hair in a crazy hair style on the last day of term - Thursday 23rd October. We kindly ask for a £1 donation and all money raised will go towards our OPAL project.

Half Term

We break up for Half Term on Thursday 23rd October at the usual time. And return on Monday 3rd November 8.55am.

Week's Attendance

Rec	88.0%
Y1	87.8%
Y2	94.0%
Y3	90.0%
Y4	86.6%
Y5	90.9%
Y6	92.1%

At St. Albert's, our mission is walking together with Jesus to

LOVE, LEARN AND SERVE

Our vision centres around the 'CHILD'

C for the Child, H for High Expectations, I for Inspirational & Memorable, L for Listening and D for Dreams and Doors.



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Secondary School Admissions

Parents of Year 6 children can now apply for Secondary school places. You can apply online between 12th September and 31st October by completing the application form of the Local Authority in which you live.

Liverpool ([purple bin])

www.liverpool.gov.uk/schools-and-learning/school-admissions/

Knowsley (blue bin)

www.knowsley.gov.uk/education-and-schools/school-admissions

Reception Class Admissions

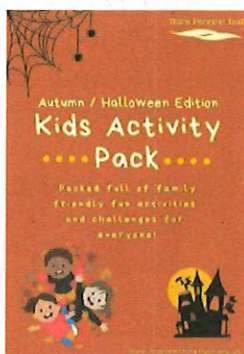
If your child's date of birth falls on or between 1st September 2021 and 31 August 2022, now is the time to apply for a reception class place in school for September 2026. You can apply online by completing the application form from the Local Authority in which you live. Please see above for links.

Closing date is 15th January 2026

Trans Pennine Activity Pack

Trans Pennine Children's Activity Pack is available to download. It's full of fun, nature-based activities suitable for Key Stage 1 and 2, designed to inspire outdoor exploration along the Trail or in your local green spaces. It's a great way to support learning in geography, science, and PE while promoting health, wellbeing, and environmental awareness.

: www.transpenninetrail.org.uk



Nursery Places

We have places available in our 3-year-old Nursery, so please spread the word. The benefits of a school Nursery cannot be underestimated especially when we consider readiness for school, meeting any needs and ease for parents. Our Nursery is a wonderful and a happy setting with very skilled practitioners.

Reception Class Halloween Party

Our Reception class will be holding a Halloween Party on **Thursday 23rd October**. Children are invited to come to school in appropriate fancy dress costumes but please leave accessories at home, so they don't get lost. Please can you send in £2 by Monday 20th October to go towards party food. Thank you.

Parent Support Group

Join us in the Church Community Room on **Friday 10th November** for a parent session led by Mrs Riddick and Miss Lee, starting at 9:30am (doors open from 9am). This warm and welcoming session will focus on emotional regulation and how to support your child both at home and in school. We'll explore how the brain works, how children regulate their emotions, and make specific links to autism and ADHD, your child does not need to have a diagnosis to attend. You'll learn about the strategies we use in school, ways to support your child at home, and where to access further help. It's also a fantastic opportunity to meet other parents, share experiences, and chat with the school's inclusion team about any questions or concerns you may have. Tea, coffee, and friendly conversation provided – we look forward to seeing you there

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Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Tomato Pasta Garlic Bread	Chicken Burger in a Bun Wedges	Ham & Cheese Panini Salad/Coleslaw	Roast Beef, Mash, Yorkshire Pudding, Vegetables & Gravy	Fish Fingers, Chips & Beans
	Baked Jacket Potato with Cheese, Tuna or Beans	Baked Jacket Potato with Cheese, Tuna or Beans	Baked Jacket Potato with Cheese, Tuna or Beans	Baked Jacket Potato with Cheese, Tuna or Beans	Baked Jacket Potato with Cheese, Tuna or Beans
	Deli Bar Made to Order	Deli Bar Made to Order	Deli Bar Made to Order	Deli Bar Made to Order	Deli Bar Made to Order
Dessert	Butterfly Cake Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Fresh Fruit/Yoghurt	Cookie with Milkshake Fresh Fruit/Yoghurt
Drinks	Milk Water	Milk Water	Milk Water	Milk Water	Milk Water

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.



See full reference list on our website



The National College®

Knowsley Catholic Children's Choir

Wednesday, 4-5pm



COMPLETELY **FREE** TO ATTEND!

The Space Centre, Hillside Rd, L36 8BL



For more details and to
sign-up follow the QR code



Archdiocese of Liverpool

MUSIC



Knowsley Catholic Children's Choir

- For Catholic children (years 2-8) in Knowsley who love to sing!
- Free musical training led by DBS certified musicians from the Archdiocese of Liverpool
- Performance opportunities locally and further afield
- Weekly rehearsals (Wednesday 4-5pm) take place at the SPACE CENTRE, HILLSIDE ROAD, HUYTON, L36 8BL

My son loves singing with KCCC, and it has given him so much confidence!

Scan the QR code to sign-up!



NHS



Are you pregnant or do you have children under the age of four?

You could get help to buy fruit, vegetables, pulses, milk and infant formula.

You could also get free Healthy Start vitamins.

Apply online for NHS Healthy Start
www.healthystart.nhs.uk

  @NHSHealthyStart



SCAN ME



KS2 Activity Club!

Drama

Music

Sports

Years 4-6!

Drop off at 10:00am, pick up 12:00pm

Scan the QR code below
to sign up!

The Prescott School Activity
Saturday

