


























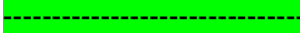
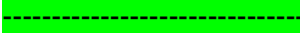



Appendix B - Primary School Menu: Three Choice Option

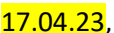
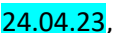
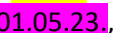
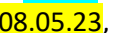
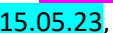

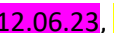


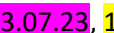

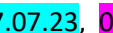
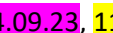

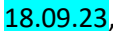
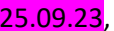
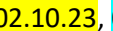
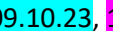
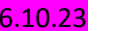
Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Meatballs & Spaghetti in Tomato Sauce 	Chicken Tikka Masala & Rice 	BBQ Chicken Wrap with Diced Potatoes 	Roast Beef with Roast Potatoes, carrots, Yorkshire pudding & gravy 	Fish Fingers with Chips & Peas 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 
Dessert	Frozen Yoghurt Fresh Fruit/Yoghurt	Cookie Fresh Fruit/Yoghurt	Chocolate Mousse Break with Mandarin Segments Fresh Fruit/Yoghurt	Fruit Muffin Fresh Fruit/Yoghurt	Banana & Custard Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water
















Apr-Oct 23 Dinner Menu

W\beginning, **WEEK 1** 17.04.23, 24.04.23, 01.05.23, **WEEK 2** 08.05.23, 15.05.23, 05.06.23, **WEEK 3** 12.06.23, 19.06.23, 26.06.23, 03.07.23, 10.07.23, 17.07.23, 04.09.23, 11.09.23, 18.09.23, 25.09.23, 02.10.23, 09.10.23, 16.10.23

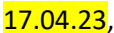
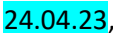
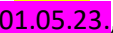
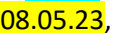
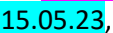

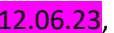
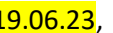
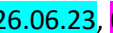

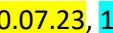
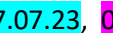
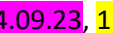

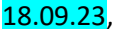
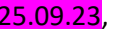

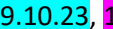
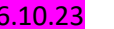
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Fish Fingers, Wedges & Beans 	All day breakfast with scrambled egg, bacon, sausage, hash brown & beans 	Chicken Fajitas with Mexican Rice & Salad 	Sausage, Mash, Seasonal Veg & Gravy 	Harry Ramsden's Fish Chips and peas 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 
Dessert	Lolly Ice Fresh Fruit/Yoghurt	Fruit Flapjack Fresh Fruit/Yoghurt	Strawberry Mousse Break with Banana Fresh Fruit/Yoghurt	Jelly & Fruit Fresh Fruit/Yoghurt	Fruit Sponge & Custard Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water

Apr-Oct 23 Dinner Menu

W\beginning,  17.04.23,  24.04.23,  01.05.23,  08.05.23,  15.05.23,  05.06.23,  12.06.23,  19.06.23,  26.06.23,  03.07.23,  10.07.23,  17.07.23,  04.09.23,  11.09.23,  18.09.23,  25.09.23,  02.10.23,  09.10.23,  16.10.23

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Hotdog on a Finger Roll with Crisscuts & Beans 	Spaghetti Bolognaise & Garlic Bread 	Chicken Korma with Rice 	Roast Chicken, Mash, Stuffing, Seasonal Veg & Gravy 	Harry Ramsden's Fish Chips and peas 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 	Soup Cheese, Ham or Tuna Sandwich 
Dessert	Strawberry Mousse Break with Strawberries Fresh Fruit/Yoghurt	Frozen Toffee Yoghurt with Banana Fresh Fruit/Yoghurt	Chocolate Mousse Break with Banana Fresh Fruit/Yoghurt	Butterfly Cake Fresh Fruit/Yoghurt	Cookie & Milkshake Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water

Apr-Oct 23 Dinner Menu

W\beginning,  17.04.23,  24.04.23,  01.05.23,  08.05.23,  15.05.23,  05.06.23,  12.06.23,  19.06.23,  26.06.23,  03.07.23,  10.07.23,  17.07.23,  04.09.23,  11.09.23,
 18.09.23,  25.09.23,  02.10.23,  09.10.23,  16.10.23