








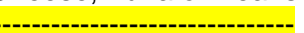







Appendix B - Primary School Menu: Three Choice Option

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Popcorn chicken with crisscuts, sweetcorn and dipping sauce 	Spaghetti Bolognese & Garlic Bread 	Crunchy chicken wrap with salad & coleslaw 	Roast Chicken, roast potatoes, carrots, broccoli & gravy 	Harry Ramsden's fish chips and peas 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 
Dessert	Muffin Fresh Fruit/Yoghurt	Cookie and milkshake Fresh Fruit/Yoghurt	Apple Crumble & Fresh Fruit/Yoghurt	Jelly & Fruit Fresh Fruit/Yoghurt	Pancake & Ice cream Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water
















Sept'20 Dinner Menu

WEEK 1

WEEK 2

WEEK 3

W\beginning, 01.09.19, 07.09.19, 14.09.19, 21.09.19, 28.09.19, 05.10.19, 12.10.19, 19.10.19, 02.11.19, 09.11.19, 16.11.19, 23.11.19, 30.11.19, 07.12.19, 14.12.19, 04.01.20, 11.01.20, 18.01.20, 25.01.20, 01.02.20, 08.02.20, 22.02.20, 01.03.20, 08.03.20, 15.03.20, 22.03.20, 29.03.20, 19.04.21, 26.04.21

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Sausage with potato smiles & beans 	All day breakfast 	Cheese and tomato pizza with potato smiles and spaghetti hoops 	Roast Beef with roast potatoes, Yorkshire pudding, carrots & gravy 	Fish Fingers with Chips & Beans 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 
Dessert	Sponge and custard Fresh Fruit/Yoghurt	Swirly mousse Fresh Fruit/Yoghurt	Cheesecake Fresh Fruit/Yoghurt	Butterfly cake Fresh Fruit/Yoghurt	ICE Cream & Fruit Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water
















Sept'20 Dinner Menu

WEEK 1

WEEK 2

WEEK 3

W\beginning, 01.09.19, 07.09.19, 14.09.19, 21.09.19, 28.09.19, 05.10.19, 12.10.19, 19.10.19, 02.11.19, 09.11.19, 16.11.19, 23.11.19, 30.11.19, 07.12.19, 14.12.19, 04.01.20, 11.01.20, 18.01.20, 25.01.20, 01.02.20, 08.02.20, 22.02.20, 01.03.20, 08.03.20, 15.03.20, 22.03.20, 29.03.20, 19.04.21, 26.04.21

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main	Hotdog with crisscuts and spaghetti hoops 	Chicken Curry with rice and naan bread 	Scouse with crusty bread and red cabbage or beetroot 	Chicken roast with roast potatoes, stuffing, mixed veg & gravy 	Harry Ramsden's Fish Chips and beans 
	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 	Baked Jacket Potato with Cheese, Tuna or Beans 
	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 	Soup Cheese, Ham, Egg or Tuna Sandwich 
Dessert	Trifle Fresh Fruit/Yoghurt	Rice Pudding Fresh Fruit/Yoghurt	Arctic Roll Fresh Fruit/Yoghurt	Fruit lolly ice Fresh Fruit/Yoghurt	Apple pie and custard Fresh Fruit/Yoghurt
Drinks	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water	Milk Fruit Juice Water

Sept'20 Dinner Menu

WEEK 1

WEEK 2

WEEK 3

W\beginning, 01.09.19, 07.09.19, 14.09.19, 21.09.19, 28.09.19, 05.10.19, 12.10.19, 19.10.19, 02.11.19, 09.11.19, 16.11.19, 23.11.19, 30.11.19, 07.12.19, 14.12.19, 04.01.20, 11.01.20, 18.01.20, 25.01.20, 01.02.20, 08.02.20, 22.02.20, 01.03.20, 08.03.20, 15.03.20, 22.03.20, 29.03.20, 19.04.21, 26.04.21