



St Albert's Catholic Primary School

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Headteacher Mrs L McEvoy

"Walking together with Jesus to love, learn and serve"

Tuesday 30th June 2020

Dear Parent/Carer

As part of the Y6 Personal, Social and Health Education programme your child was due to receive lessons on relationships, sexual health and puberty. Under normal circumstances, this would usually take place during the final few weeks of Y6. However, due to the current situation, the sharing of this information with your child now becomes your parental responsibility.

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of family life, including the responsibilities of parenthood and marriage. As a Catholic school, we follow 'A Journey in Love', which is the recommended programme of study of the Archdiocese of Liverpool.

At St Albert's, we believe that if our children can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may have reinforced what you are already doing at home. We have attached a copy of the Powerpoints that we would ordinarily be using with Y6 from 'A Journey in Love' for you to share with your child. In addition to this, we have added the Y5 Powerpoint too. This information was covered by Mr Shelton last year, however, it may well serve as a useful guide for you and your child as it explores the topic of Puberty sensitively. All teaching materials are appropriate to the age and emotional maturity of the pupils.

If you wish to discuss this matter further, please do not hesitate to contact myself or Miss Ashdown. Many thanks for your continued support.

Mrs Veever.

